

GOALS FOR

GROWTH



GOAL SETTING

S

SPECIFIC: Clearly Define What You Want: The Who, What, When, and Why of Your Goal

M

MEASURABLE: Ensure You Can Track Progress

A

ACHIEVABLE: Is your goal realistically within your ability while relying on God's strength?

R

RELEVANT: Align With God's Will for This Season of Life

T

TIME-BOUND: Set a Deadline

GOAL: