



FAMILY MISSION STATEMENT BUILDER

This worksheet is designed to help your family identify and define its core values, purpose, and mission. Work together as a family to answer the following questions and create a mission statement.

QUESTION 1: What are the top three values your family wants to live by?

Discuss and agree on three key values (e.g., faith, generosity, honesty).

QUESTION 2: What is your family's ultimate purpose or goal?

Write a one-sentence purpose statement for your family.

QUESTION 3: What are some specific Bible verses that represent your family's values?

Find verses together as a family and display them in your home.

QUESTION 4: What activities or traditions can your family do to live out these values?

Plan practical activities (e.g., volunteering, weekly devotions).

QUESTION 5: How will you handle conflicts or challenges in a way that reflects your mission?

Establish a family resolution process (e.g., prayer, open discussion).



TIME AUDIT FOR FAMILIES

Use this worksheet to evaluate how your family is currently spending its time. Compare current hours with desired hours and create an action plan to align your time with Godly priorities.

Time Activity	Current Hours (per week)	Desired Hours (per week)
WORK/SCHOOL		
EXTRACURRICULAR ACTIVITIES		
SCREEN TIME		
FAMILY MEALS		
PRAYER/DEVOTION TIME		
OTHER (SPECIFY)		
OTHER (SPECIFY)		



FAMILY COMMUNICATION COVENANT

PURPOSE

As a family, we commit to communicating in ways that honor God, build trust, and strengthen our relationships. Our goal is to create a home where every voice is valued and conflicts are resolved with love and respect.

We Will Listen With Love

"Everyone should be quick to listen, slow to speak and slow to become angry"
(James 1:19 NIV).

We will give our full attention when someone is speaking, avoiding distractions like phones or interruptions. We will seek to understand before responding, showing empathy and patience.

We Will Speak With Kindness and Respect

"Let your conversation be always full of grace, seasoned with salt"
(Col. 4:6 NIV).

We will choose words that build up, not tear down, avoiding yelling, sarcasm, or hurtful language. We will use 'I' statements (e.g., 'I feel . . .') instead of 'You always . . .') to express emotions respectfully.

We Will Tell the Truth in Love

"Instead, speaking the truth in love, we will grow to become in every respect the mature body of him who is the head, that is, Christ"
(Eph. 4:15 NIV).

We will be honest with one another—even when it's hard—and speak truth in a way that shows care and consideration.

We Will Take Responsibility for Our Words

"But I tell you that everyone will have to give account on the day of judgment for every empty word they have spoken" (Matt. 12:36 NIV).

We will own up to mistakes, apologize when needed, and seek forgiveness when our words have hurt others.



FAMILY COMMUNICATION COVENANT

We Will Resolve Conflict Peacefully

"Blessed are the peacemakers, for they will be called children of God"
(Matthew 5:9 NIV).

We will address conflicts calmly, listening to each other's perspectives and seek a resolution that honors everyone involved. We will not hold grudges or let anger linger, choosing forgiveness instead.

We Will Pray Together

"Therefore encourage one another and build each other up"
(1 Thess. 5:11 NIV).

We will invite God into our communication by praying together during times of conflict, decisions, or celebration.

Practical Rules for Communication

- No Interrupting: Let each person finish speaking before responding.
- No Name-Calling or Insults: Address issues. Don't attack people.
- Time-Outs Allowed: If emotions run high, take a short break before continuing.
- Use a Signal for Important Conversations: If someone says, 'I need to talk,' everyone commits to listening without distraction.

Family Agreement

As a family, we commit to the principles in this covenant. With God's help, we will strive to communicate in ways that reflect His love, grace, and truth.

Signatures:

Parent(s): _____

Child(ren): _____

Date: _____